



**Dear Vishwaguru Mahamandaleshwar Paramhans Abunathswami Maheshwarananda Puriji Maharaj,
dear Gurudev,**

with great joy and happiness, we would like to congratulate You on being awarded the prestigious Bharat Gaurav Lifetime Achievement Award.

Yes, indeed, you have done a lot for Holy Mother India and for many other countries and people all over the globe, nevertheless sometimes hundred of honorary titles put together would not be enough to describe the thankfulness that we feel in our little hearts for having changed our perception of life, offering us with great love, total understanding and sincere devotion the keys of "simple living and higher thinking" throughout Your Satsangs and way of being.

Thank You Gurudev... day by day, step by step you are inspiring us and leading us gently toward a brighter future. Definitely You are the Light that has been guiding us in our daily life and we are the blessed ones on the "Highway" of our Sri Alakhpuriji Siddha Peeth Parampara!

In this extraordinary occasion, we would like to quote the words of our beloved Holy Guruji, who dedicated His whole life to the Holy Bharat... this few words as a special gift for You:

"The journey of all Holy rivers end in the ocean. The presence of the Guru is like all holy rivers, seas and places of pilgrimage have gathered at your home to remove evil. Thousands of suns and moons together cannot remove the evil that the Guru can eliminate by his mere presence alone. The Guru is Narayan. His words are like light, destroying the darkness of ignorance and sin. Children wake up and discover your Self. The Satguru will show you the way. He is here to help. He is not interested in anything you have to offer, he is here only to give bliss and peace, and to remove all your suffering."

*With love,
your Italian disciples and yoga practitioners*

YOGA IN DAILY LIFE ITALY: ON THE PATH OF GURUDEV'S KRIPA...

Swamiji visited Italy two times.



The first visit...



In 2000 he gave also a public lecture in Trieste, in the Jolly Hotel. The hall was full of bhaktas and people interested in yoga science and spiritual development.



*The second visit...
Lakshmi and Premilanji, the first certified YIDL
teachers in Italy, waiting excitedly for Gurudev*



*People gathered after the public lecture in the
centre where yoga classes were held*

From Swamiji's first visit on, yoga classes have been regularly held in Padova and Trieste.

At present, there is a group of practitioners who have been continuously practicing since Swamiji's visit. Very often they use to say how their lives have changed from the moment they've started to practice. Every lecture is perceived as a very special moment, where they can truly relax and really feel the benefits of our System Yoga in Daily Life – *Harmony for Body, Mind and Soul*.



Practitioners...



Currently we still do not have an Ashram in Italy, but hopefully have the possibility to go on Satsangs in the nearby Ashram in Koper, Slovenia, where we are always warmly welcomed. We are looking forward to the moment when we will invite all our brothers and sisters to visit our beautiful land and sing the glory of our Beloved together. It's nice to see in daily life how Swamiji's work and vision have no borders at all...

"One in All, All in One"

**OM SRI DEEP NARAYAN BHAGWAN KI JAY!
SATAGURUDEVA KI JAY!**